

Smoking: The Killer
By <http://www.stopsmokingpower.com>
The number of deaths caused by smoking is staggering. It is the leading cause of death in the United States. There are various types of cancer, including lung, throat, and bladder cancer, that are caused by smoking. Smoking also causes heart disease, stroke, and emphysema. The good news is that you can quit smoking and save your life. There are many resources available to help you quit, including counseling, medication, and support groups. The bad news is that it can be difficult to quit on your own. If you are serious about quitting, you need to get help. The sooner you quit, the better your chances of living a long, healthy life.